

Assessing the Psychological Well-being of Refugees in Host Countries

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Abstract. This article investigates the psychological well-being of refugees in host countries, focusing on mental health challenges and support systems. By conducting interviews and surveys, the study explores the impact of displacement on mental health. The findings call for improved mental health services and community support to aid the integration and well-being of refugees.

Keywords: Refugees, Psychological Well-being, Mental Health, Public Health, Integration

Introduction

The displacement of refugees due to conflict and persecution poses significant challenges to their psychological well-being. In host countries, refugees often face mental health issues stemming from past traumas and the stress of adapting to new environments. This article examines the mental health status of refugees, utilizing interviews and surveys to identify common challenges and support mechanisms. The research highlights the urgent need for tailored mental health services and community-based support to facilitate the integration and well-being of refugees in host societies. By addressing these needs, host countries can better support refugees in rebuilding their lives.

This is a preliminary version. To read the full version of the article, please purchase a subscription.

References

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