

Mental Health Implications of Climate Change: A Global Perspective

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Abstract. Climate change poses significant threats not only to the environment but also to mental health. This article explores the psychological impacts of climate-related events such as natural disasters and extreme weather conditions. It highlights the need for integrating mental health support into climate change adaptation and mitigation strategies to enhance resilience and well-being globally.

Keywords: climate change, mental health, public health, resilience, adaptation strategies

Introduction

Climate change is increasingly recognized as a major threat to public health, with profound implications for mental well-being. This article examines the psychological impacts of climate-related events, such as natural disasters and extreme weather conditions, on global populations. By analyzing recent studies and case examples, the research highlights the urgent need to integrate mental health support into climate change adaptation and mitigation strategies. This approach can enhance resilience and well-being, ensuring that communities are better equipped to cope with the environmental challenges posed by climate change.

This is a preliminary version. To read the full version of the article, please purchase a subscription.

References

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