

Racial Disparities in Health: A Sociological Exploration

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Abstract. This article examines the sociological factors contributing to racial disparities in health outcomes. By analyzing data from various healthcare systems, the research identifies systemic inequalities that lead to differential access to healthcare services and health outcomes among racial groups. The findings highlight the critical need for policy interventions to address these disparities and promote health equity. The study emphasizes the role of sociology in understanding and mitigating health inequalities.

Keywords: Racial Disparities, Health Inequality, Sociology, Systemic Inequality, Health Equity

Introduction

Racial disparities in health represent a persistent and pervasive issue within societies, with significant implications for social justice and public health. This paper explores the sociological dimensions of these disparities, focusing on how systemic inequalities contribute to differential health outcomes among racial groups. By examining data from diverse healthcare systems, we identify the social determinants of health that perpetuate these inequalities, including access to healthcare services, socioeconomic status, and discrimination. Our findings reveal the crucial need for comprehensive policy interventions that address the root causes of health disparities and promote equity. The study underscores the importance of sociological perspectives in understanding and addressing health inequalities, advocating for interdisciplinary approaches that integrate insights from sociology, public health, and policy studies.

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References

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