

Islamic Mysticism and Sufism

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Abstract. This paper explores the profound spiritual dimensions of Islamic mysticism, particularly focusing on Sufism. It examines the historical development and core teachings of Sufi traditions, emphasizing their impact on individual spirituality and community practices. Through a detailed analysis of Sufi literature and contemporary practices, the study provides insights into the enduring appeal of Sufism in the Islamic world and beyond.

Keywords: Islam, Sufism, Mysticism, Spirituality, Theology

Introduction

Sufism, the mystical dimension of Islam, offers a unique perspective on spirituality that transcends conventional religious practices. This article delves into the historical roots and philosophical underpinnings of Sufism, exploring its teachings and traditions. The study highlights the role of key Sufi figures and their contributions to Islamic mysticism, as well as the influence of Sufi thought on broader Islamic theology. Through an examination of Sufi poetry, music, and rituals, the paper illustrates the ways in which Sufism fosters a deep, personal connection with the divine. This exploration seeks to understand the ongoing relevance and appeal of Sufism in contemporary Islamic spirituality.

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References

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