

The Influence of Parental Involvement on Child Social Anxiety

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Abstract. This research explores the impact of parental involvement on the development of social anxiety in children. Through a mixed-methods approach, the study examines how different styles and levels of parental engagement affect children's social fears and confidence. The findings highlight the importance of balanced parental involvement in mitigating social anxiety. This work provides valuable insights for parents and educators seeking to support children in developing healthy social interactions.

Keywords: Parental Involvement, Social Anxiety, Child Development, Mixed-Methods Study, Social Confidence

Introduction

Parental involvement is a crucial factor in a child's social development, influencing various aspects including the development of social anxiety. This study investigates how different levels and types of parental engagement impact children's social fears and confidence. Using a mixed-methods approach, the research combines quantitative data and qualitative insights to provide a comprehensive understanding of this dynamic. The findings underscore the significance of balanced parental involvement as a means to reduce social anxiety in children. These results offer practical implications for parents and educators who aim to foster healthy social environments for children.

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References

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