

Time-Series Modelling of Socio-Emotional Development: A Recursive Bayesian Framework

Drew Robinson

PhD

Freie Universität Berlin

Kaiserswerther Str. 16-18, 14195 Berlin, Germany

Chris Miller

Associate Professor

University of Sydney

Camperdown NSW 2006, Australia

Avery Carter

D.Sc

University of Toronto

27 King's College Circle, Toronto, ON M5S 1A1, Canada

Charlotte Stewart

Professor

University of Manchester

Oxford Rd, Manchester M13 9PL, United Kingdom

Abstract. This study addresses the critical role of socio-emotional development within dynamic societal contexts, particularly amidst the backdrop of contemporary global challenges such as digitalization and social isolation. We utilize a recursive Bayesian framework to model longitudinal data on socio-emotional competencies across diverse demographic groups. The methodology integrates advanced statistical techniques, enabling precise estimations of developmental trajectories and their predictors. Our findings reveal significant variations in socio-emotional growth patterns related to socio-economic status and digital engagement, suggesting targeted interventions for enhancing developmental outcomes. Ultimately, this research not only contributes to theoretical advancements in developmental psychology but provides practical implications for policymakers and educators aiming to foster socio-emotional resilience in youth.

Keywords: socio-emotional development, Bayesian modelling, longitudinal data, developmental trajectories, digital engagement, psychological resilience

Introduction

The increasing complexity of socio-emotional challenges faced by today's youth highlights an urgent need for innovative research methodologies that can effectively capture the nuances of emotional and social development. In an age characterized by rapid

technological change and profound societal shifts, understanding the developmental trajectories of young individuals becomes paramount. Socio-emotional development encompasses a broad spectrum of skills and competencies, including emotional regulation, peer relations, and self-identity formation, all of which are crucial for navigating the complexities of modern life. Recent global events such as the COVID-19 pandemic have exacerbated issues related to mental health and interpersonal relationships, amplifying the importance of comprehensively studying these phenomena. The present paper proposes a novel recursive Bayesian framework to model socio-emotional development over time, allowing us to investigate how various factors—such as socio-economic status, educational environment, and digital engagement—interact to influence developmental outcomes. By employing a longitudinal dataset that spans several years, we aim to provide insights into the dynamic processes that govern socio-emotional development, particularly in the context of varying socio-cultural influences. This methodological approach not only enhances the precision of our analyses but also offers a robust platform for future inquiries into developmental psychology. As the landscape of childhood and adolescent development evolves, so too must our strategies for research. The ability to capture and analyze changes over time is critical in developing effective interventions to support emotional and social growth. A clear understanding of these developmental patterns is essential for psychologists, educators, and policymakers committed to fostering resilience and well-being among youth. This article is structured to first provide a detailed overview of the recursive Bayesian framework and its application to socio-emotional data. Next, we will present our findings and discuss their implications for developmental psychology. Finally, we will conclude with recommendations for practitioners and suggestions for future research directions.

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