

Impact of Digital Communication on Adolescent Social Skills

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Abstract. This study explores how digital communication technologies affect the development of social skills in adolescents. With the growing prevalence of smartphones and social media, concerns about their impact on face-to-face interaction skills have emerged. Our research examines the correlation between screen time and social competence through surveys and observational methods. We found that increased digital communication correlates with decreased social empathy and face-to-face interaction skills, suggesting a need for balanced technology use.

Keywords: adolescent, digital, communication, social, skills

Introduction: The rapid rise of digital communication technologies has transformed how adolescents interact with each other. This transformation raises concerns among educators and parents about the potential decline in traditional social skills, such as empathy and effective face-to-face communication. Given the pervasive use of smartphones and social media platforms, it is imperative to understand their impact on developmental psychology. The current study aims to investigate the relationship between adolescents' digital communication habits and their social skills development. By exploring this dynamic, we hope to provide insights that can guide educators, parents, and policymakers in fostering a balanced approach to technology use in youths. [This is a preliminary version. To read the full version of the article, please purchase a subscription.](#)

References

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